

Polish Championship in TrailO 2025



Date & place: 15-16.03.2025, Gołąb, Poland

Saturday 15th March: PreO

Sunday 16th March: TempO

Travel distances:

- 130 km and 1.5 hour by car from Warsaw Okęcie Airport
- 165 km and 2 hour by car from Warsaw Modlin Airport
- 80 km and 1 hour by car from Lublin Airport

You can also travel by train from Warsaw to Dęblin (city near Gołąb) and I'll help you get to EC.

Classes: Open, Para

Entries: via google forms <u>https://forms.gle/6diRVEXs7R8qTHax9</u>. Please let me know if you are considering coming.

Payment: 10 EUR/45 PLN per start.Registration after deadline: payment fee + 50%. We do not reimburse entry fee.

Payments possible by bank transfer to the organizer's account or by cash in the Competition Office. UKS "Azymut 45" Gdynia 81-578 Gdynia ul. Wiczlińska 33 Santander Bank Polska 2/O Gdynia IBAN: PL51 1090 1102 0000 0001 3605 9630 Transfer title:

"opłata startowa GPPom2024" + name of the club / last name (family name)

Accommodation: I try to organize possible accommodation in school in Gołąb. I'll update ASAP

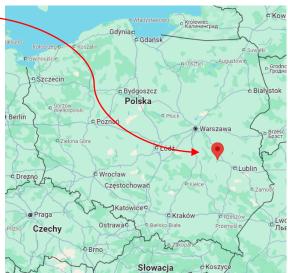
Punching system: for PreO: Toe Punch provided by the organizer, for TempO: ANT.

Terrains: Terrain mostly flat with old sand dunes covered with forest, visibility very good.

Maps & courses: Maps scale 1:3000, contours: 1m. All maps new.

Map of stages and EC: <u>https://www.google.com/maps/d/u/0/edit?mid=1x2fQgZCL0KbvbpQ-zhJ3INf5cew6nP8&usp=sharing</u>

PreO: 31 controls + 2 TC



<u>TempO:</u> 8 stations







If you have any questions feel free to ask!

e-mail: krystianpetersburski@gmail.com or you can text me on FB messenger