

# XIX Grand Prix Pomorza w Biegu na Orientację

**Hel**  
**23<sup>rd</sup> -25<sup>th</sup>**  
**August 2024**



**Bulletin 0**  
20<sup>th</sup> June 2024

## 1. Organizer

Uczniowski Klub Sportowy „Azymut 45” Gdynia  
81-578 Gdynia ul. Wiczlińska 33

## 2. The Date and the place

Hel 23<sup>rd</sup>-25<sup>th</sup> August 2023

## 3. Team of Chief Organizers

Manager of the Competition – Agata Porzycz tel. 502-283-461  
Main Referee – Adam Pesta  
Mapper – Jacek Morawski

## 4. Programme

22.08.2024	Competition Office Open	19.00 – 21.00
23.08.2024	<b>Middle distance</b>	<b>15.30 – 18.00</b>
24.08.2024	<b>Long distance</b>	<b>10.00 – 14.00</b>
25.08.2024	<b>Middle distance</b>	<b>10.00 – 13.00</b>
	Prize giving ceremony	13.30

## 5. Competition Office

**22.08** (Thursday) 20.00 – 21.00  
Szkoła Podstawowa, 84-150 Hel, ul. Szkolna 1

<https://maps.app.goo.gl/6amP5dzY6c8W9dEPA>

**23.08** (Friday) 12.30 – 14.30  
Competition Centre, Hel

**24.08** (Saturday) 9.00 – 10.00  
Competition Centre, Hel

**25.08** (Sunday) 9.00 – 10.00  
Competition Centre, Hel

## **6. Maps**

Updated July 2024

## **7. Terrain**

Coastal area, interesting micro-relief, mostly well-runnable terrain. Elevation difference up to 15 meter.

## **8. Classes**

*Sports:*

W10N, W10, W12, W14, W16, W18, W20, W21E, W21S, W35, W40, W45, W50, W55, W60, W65, W70, W75+

M10N, M10, M12, M14, M16, M18, M20, M21E, M21S, M35, M40, M35-44S, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

*Popularizing*

- Family (Rodzinna)
- Short (Krótka)
- Middle (Średnia)
- Long (Długa)

## **9. Accommodation and Food**

The organizer offers accommodation at the campsite at the school in Hel from 18 to 30 August 2024 at the price of PLN 30/person/night. Discounts for longer stays. Limited number of places.

Please send your reservations by e-mail to: [gppomorza@gmail.com](mailto:gppomorza@gmail.com)

Full board at school.

## **10. Trainings**

We offer you the possibility to join our trainings in days 19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup>, August

## **11. Remarks**

- The competition will be held in accordance with the applicable regulations on the epidemiological situation;
- Players take out their own insurance;
- Entry into the competition is equivalent to acceptance of the provisions of the newsletter and Consent to the processing of personal data and image for organizational purposes.